

Red Team Tales

Infamous Defaults & Best Practices



Networking Protocols & Services

Use of these protocols should be reviewed and disabled where appropriate

- **Link-Local Multicast Name Resolution (LLMNR)**
- **Server Message Block (SMB)**
- **Multicast DNS (mDNS)**
- **IPv6 (Disable / Control)**
- **Always disable network services that are not actively used in your network**

Network Defense

Out of the box, operating systems typically have unnecessary services enabled

- **Implement strict segmentation and zero-trust architectures**
- **Create honey users and monitor for their use**
- **Seed devices with honey tokens**
- **Maintain accurate and up-to-date asset inventories**
- **Test incident response capabilities routinely**
- **Deploy well-considered honeypot systems and monitoring capabilities**

Endpoint Defense

Protecting your endpoint and installed software is a complicated task

- **Enable host-based firewalls (all vendors)**
- **Deploy some combination of endpoint defense capabilities**
- **Implement application whitelisting wherever possible**
- **Implement full-disk encryption (don't forget about layer 8 training, though)**
- **Implement privilege separation and governance structures**
- **Disable or otherwise limit PowerShell**

Password Guidance

Create a password policy that encourages people to be thoughtful and deliberate

- This is a hot topic among security practitioners
- Password length is arguably the most important factor
- Diversity of characters is less important, but not irrelevant
- Password rotation is very important
- Password uniqueness over time is very important

Mobile Workforce

Keep your mobile workers safe

- Always require the use of a VPN
- Consider the security impact of allowing split VPN configurations
- Your pocket computer is a high-value target
- Disable NFC protocols such as Bluetooth when not in a trusted environment
- Disable wireless (802.11) interfaces when not in use
- Defend against shoulder surfers

General Suggestions

Some general guidelines for operational success

- **Test your security posture regularly**
- **Anchor your offensive testing to governance standards and expectations**
- **Establish a threat intelligence capability**
- **Develop policies and communicate them to all of your users regularly**
- **Perform policy reviews at least annually**
- **Test your users using a variety of active and passive techniques**

Who are 23p?



Your Trusted Cybersecurity Advisor.

- An international cybersecurity services provider based in the United States
- Offering a new approach to your information security services investment
 - Creators of the Rigor Rating™ and Defense Efficacy Report Card™
- Deep knowledge of modern adversarial capabilities
 - In-house research focus results in cutting-edge attack chains to challenge the most mature clients
- Full-spectrum offensive testing
 - Network / Web / API / Cloud / Mobile / Wireless / Ransomware
- Advisory services and training solutions to further develop your security program

Experience

In a service organization, the brand is established by the quality of your people.

- **Decades of experience providing information security services across all client maturity levels**
- **Research-driven approach allows 23p to deliver tailored Red Team services**
- **Sampling of past presentations**
 - Regarding Spectre and Meltdown
 - Securing IoT: Protecting Smart, Connected Systems
 - Refrigerators Hacking Cars: Microservice Security In A Connected World
 - Automotive Security In A Fully Connected World
 - Accelerating Incident Investigations
 - The Attacker's Mindset
 - Developing A Formal Information Security Program
 - ROSI: Measure with a micrometer, mark with chalk and cut with an axe
 - Practical Exploitation using a Malicious Service Set Identifier (SSID)
 - Metasploit Training

Contact Us

Let's talk. We're friendly.

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